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**Poster presentation at IASSIDD, Melbourne 2016**

Title: A wordless intervention for people with epilepsy and intellectual disabilities (WIELD): A randomized controlled feasibility trial

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Aims: This feasibility randomized controlled trial (RCT) explored the acceptability of a definitive trial using a picture booklet to improve quality of life and self-management for people with epilepsy and intellectual disabilities (ID).

Methods: Patients with epilepsy and ID from one UK site were randomised to receive the picture booklet or usual care. The booklet depicts diagnosis, treatment and management of epilepsy in story-form; participants used this with a researcher and were encouraged to relate the story to their experiences. Data were collected at baseline and 4, 12 and 20 week follow-ups on recruitment and discontinuation rates, demographics, quality of life, seizure severity and control, resource use and booklet use.

Results: The target of 40 participants was reached. The 19 control group participants had a mean age of 44.7 and the 21 intervention group participants had a mean age of 39.0. The booklet was received positively and there was an indication of a benefit on epilepsy-related quality of life.

Conclusions: The findings confirm the feasibility of a definitive trial which will evaluate the clinical and cost-effectiveness of the intervention.